



PMI® PMP CERTIFICATION PREPARATION

STS Sauter Training & Simulation SA

Av. de la Gare 10

1003 Lausanne

Switzerland

part of the
hemsley
group

PUBLIC PMP® CERTIFICATION PREPARATION BY STS



The PMI standard for project management has evolved significantly over time, as reflected in the successive editions of the PMBOK® Guide. These updates mirror the ongoing changes in project management practices across industries. In response to increasing business and market pressures, the latest edition emphasizes the importance of flexibility and adaptability. It highlights the need to tailor project management approaches—ranging from traditional predictive (waterfall) methods to Agile frameworks—with many organizations now adopting hybrid models to better meet their unique project needs.

The **PMP® certification exam** has also evolved to reflect modern project management practices. It now includes fewer questions focused on traditional predictive methodologies and rarely tests rote memorization. Instead, the exam presents situational scenarios that assess a candidate's ability to apply project management principles and sound judgment to real-world challenges. As a result, simply reading or studying the PMBOK® Guide is no longer a sufficient preparation strategy.

At STS SA, we take an **innovative and practical approach to PMP® exam preparation**. While our training fully covers all PMI® project management concepts, we go beyond theory by providing supplementary materials focused on real-world application across various industries and environments. This hands-on emphasis equips our participants with the critical thinking and situational judgment skills needed to confidently tackle the types of questions they will encounter on the exam.

DELIVERY FORMAT

The core of our certification preparation is a focused **4-day training program**, delivered in two sessions of two days each. Our instructors bring real-world experience from a variety of disciplines and industries and also serve as active project management consultants. Naturally, they are fully certified PMPs and accredited PMI® Authorized Training Partners (ATP), ensuring both credibility and practical insight throughout the training.

Our **world-class exam simulator, X-AM PMP**, features approximately 1,300 practice questions that closely mirror the style and difficulty of those found on the actual exam. Available in six languages, X-AM provides realistic and adaptive testing experience. Regular practice with this powerful tool is a proven path to success, helping candidates build

confidence and sharpen their ability to apply project management concepts under exam conditions.

For those who wish to deepen their understanding of project management, we also offer a **comprehensive e-Learning tool as an optional add-on**. Fully aligned with PMI® standards, this resource allows participants to revisit key concepts at their own pace, reinforcing their knowledge and supporting long-term retention.

Our courses are unique!

OUR LEARNING APPROACH

At STS, we combine interactive, instructor-led training sessions with complementary digital learning tools to deliver a well-rounded preparation experience. Our focus is on teaching project management best practices while ensuring that candidates acquire both the knowledge and competencies needed to succeed in the PMP® exam. A key element of our workshops is the sharing of real-life experiences and lessons learned, which brings the material to life and reinforces practical understanding.

Our public courses attract participants from a wide range of industries—including IT, pharmaceuticals, aviation, and banking—creating a rich environment for networking, knowledge sharing, and peer learning.

While the primary language of instruction is English, our trainers are also fluent in French and/or German. Additionally, we now offer our courses in both French and German, making them more accessible to a broader audience.

LEARNING MATERIAL

- As a **PMI® Authorized Training Partner (ATP)**, STS provides participants with full access to official PMI learning materials. These include a comprehensive student handbook, instructional videos, templates, checklists, and self-assessment tests—offering a rich and structured learning experience that supports both exam readiness and practical application.
- In addition to **official PMI® materials**, STS has developed its own complementary resources designed to ground project management concepts in real-world practice. These materials are integrated into our classroom training and provided to all participants, enhancing the learning experience with practical insights and industry-relevant examples.
- All STS participants receive access to our **X-AM PMP** exam simulator—an advanced online learning tool designed to help candidates learn, assess, and track their readiness for the official exam. The simulator features questions that closely match the format, difficulty, and environment of the actual PMI® exam, providing a realistic and effective preparation experience.
- As an optional add-on, participants can access a **digital library of specialized project management learning content**. This self-paced resource offers in-depth modules covering all key areas of project management, including Agile and predictive

methodologies, soft skills, team leadership, and more. It's an ideal complement for those looking to deepen their knowledge beyond the classroom.

Preparing for the PMP® certification requires commitment and disciplined effort. At STS, our comprehensive preparation course—combined with high-quality materials, powerful tools, and expert instructor support—provides everything you need to succeed. We're here to guide you every step of the way toward achieving your certification goals.

***Our trainers are there to accompany you until the day
you pass the PMP certification exam!***

YOUR LEARNING JOURNEY

Our public PMP® certification preparation course is delivered in a blended learning format, combining instructor-led sessions with a self-paced learning phase. This approach offers flexibility while ensuring comprehensive coverage of the exam content. All our trainers are PMI®-certified instructors within the Authorized Training Partner (ATP) program, bringing both expertise and practical insight to the learning experience.

The journey begins with a **virtual kick-off meeting** held approximately one week before the start of the training. This session sets the stage for the course, providing an overview of the program structure, expectations, and the personal commitment required for success. It's an opportunity to align goals, ask questions, and prepare for a productive learning experience.

The core training consists of **a 4-day course, delivered in two blocks of two days**, and includes individual preparation work between sessions. This blended format allows participants to absorb and apply key concepts progressively. If you anticipate scheduling conflicts, we are happy to explore flexible solutions—such as limited virtual participation or attending missed sessions in a future course. Please contact us in advance to discuss available options before registering.

Our trainers also provide guidance throughout the entire certification journey—from registration to exam day. They support participants with the PMP® application process and offer ongoing advice and encouragement to ensure you stay on track and feel confident every step of the way.

IN-HOUSE COURSES

The PMP® certification preparation course is also available as a company-specific, in-house offering. It can be delivered in the same format as our public course or tailored to meet your organization's specific needs. Courses are available in English, French, or German. For more information or to discuss a customized solution, please don't hesitate to contact us.

ELIGIBILITY REQUIREMENTS

Earning your PMP® Certification is a commitment, and that is why it is valuable. Do you have real-world project management experience? Before you apply, make sure you meet the following set of PMP® Certification requirements:

- A recognized university Bachelor degree
- 36 calendar months experience leading projects gained over the last 8 year period
- 35 hours of project management education/training or an existing CAPM® Certification

— or —

- A high school diploma
- 60 calendar months leading projects gained over the least 8 year period
- 35 hours of project management education/training or CAPM® Certification

The STS PMP preparation course provides the 35 hours of education requirement.

For more details please refer to the PMI® PMP® Certification Handbook and the PMP Exam Content Outline. You can find additional information on -

<https://www.pmi.org/certifications/project-management-pmp>

If you have any questions regarding our training courses and tools or are not sure about your experience or eligibility, we will be delighted to get you in contact with one of our trainers. You can schedule a meeting with our account managers.

PACKAGES & PRICES

For these training formats – conducted as public courses – the following individual training fee per participant applies:

	All Inclusive	Exam Pack	Prep Pack
Instructor-led training with a PMI® ATP accredited and experienced trainer	✓	✓	✓
Access to PMI Training material, particularly designed to prepare for PMP certification	✓	✓	✓
Additional training material – complementary to PMI training material	✓	✓	✓
Support for the registration and certification process	✓	✓	✓
Exam simulator with more than 1300 questions to exercise on exam-like questions as many times you want	✓	✓	✓
PMI membership & access to additional digital learning material (PMIStandards+) provided by PMI (for 12 months)	✓	✓	
PMP Exam Fee – which gives you direct access to the exam (valid for 12 months after course registration)	✓	✓	
Additional digital learning material covering predictive, agile and adaptive PM methods in more detailed	✓		
In-Class Training	CHF 3'900	CHF 3'400	CHF 2'995
Virtual Training	CHF 3'600	CHF 3'100	CHF 2'695

Please note:

Students are highly encouraged to become members of PMI® and to take advantage of the free access to the PMI® PMBOK® *Project Management Body of Knowledge* together with the Agile Practice Guide, both of which are valuable support books for exam preparation.

OPTIONS

PMI Membership

<p>Gives access to PMI membership which includes a variety of benefits such as:</p> <ul style="list-style-type: none"> • Unlimited access to PMISTandards+™ (Ready-to-go project plans, deliverable templates, and checklists) • additional learning material • newsletter and research papers related to project management profession 	<p>Valid for one year as of date of activation, any renewal falls into the responsibility of the candidate.</p> <p>Not refundable and not extendable</p>	USD 139.-
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Exam Fee

<p>Access to the online PMP Exam in one of the PMI® authorized test centers.</p> <p>The exam includes 180 questions which needs to be answered within 230 minutes.</p>	<p>Valid for 12 months after course registration. If the candidate does not take the exam within this period, the costs fall in this duty.</p>
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Exam fee without membership	USD 655.-
Exam fee and PMI membership	USD 405.-

Digital Learning content

<p>Access to more than 70 lessons related to the project management approach according to PMI and outlining the various aspects that will be covered during the course and in the exam.</p> <p>The contents are aligned to the PMBOK Guide – 7th Edition, as well as to the 6th Edition and the learning material provided by PMI®.</p>	<p>Individual access to e-Learning platform, valid for 12 months</p> <p>Possibility to be contact the trainer throughout the platform.</p>	CHF 815.-
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Please note:

- 5% discount for 2 or more registration at one time (different course dates possible)
- The invoice will be issued by STS Sauter Training & Simulation SA. For supplier portals please enter STS as organizing company
- Provide STS with a purchase order for the invoice if required by your company.

- STS disposes of a series of virtual conferencing tools which are covered in the above-mentioned prices.

DATES

These course dates are guaranteed. Courses take place in Geneva, Lausanne, Zurich and Basel, or on-line on the following dates:

Course dates 2026	Language	Dates
7-9, 14-16, 21-23 January 2026	EN	Virtual: 9x ½ days – 14:00 – 18:00
19-20 January & 5-6 February 2026	EN	Zurich
2-3 & 12-13 February 2026	EN	Geneva
2-4, 9-11 & 16-18 March 2026	EN	Virtual: 9x ½ days – 14:00 – 18:00
25-26 March & 13-14 April 2026	EN	Zurich
9-10 & 20-21 April 2026	FR	Lausanne
11-13, 18-20 & 27-29 May 2026	EN	Virtual: 9x ½ days – 14:00 – 18:00
1-2 & 18-19 June 2026	EN	Zurich
11-12 & 25-26 June 2026	DE	Baden
16-17 & 29-30 June 2026	EN	Lausanne
24-25 August & 7-8 September 2026	EN	Zurich
31 August - 1 September & 14-15 September 2026	EN	Geneva
23-25 September, 30 Sept- 2 Oct & 7-9 October 2026	EN	Virtual: 9x ½ days – 14:00 – 18:00
19-20 October & 5-6 November 2026	EN	Basel
2-3 & 19-20 November 2026	EN	Zurich
16-17 November & 7-8 December 2026	EN	Lausanne
30 November - 2 December, 7-9 Dec & 14-16 Dec 2026	EN	Virtual: 9x ½ days – 14:00 – 18:00

REGISTRATION

Please register directly [here](#). Upon your registration, you will receive confirmation.

TERMS AND CONDITIONS

- All prices are in Swiss Francs (CHF).
- VAT applies for delivery in Switzerland and depending on national VAT legislation.
- Payment Terms: advance payment before course the begins.
- Payment by credit card subject to additional fee.
- Rescheduling/Cancellation until 4 weeks before course begin free of charge. Venue cost and an administration fee of max 20% of the course fee may apply for cancellation within 4 weeks of the start of the course.
- All cancellation and rescheduling requests must be made in writing.
- Rescheduling of training is possible, but any costs incurred by STS will be charged.
- If a participant fails to attend a course without prior notification, no reimbursement of the course fee can be claimed.
- In the event a participant fails to attend a course on account of an emergency or any other unforeseeable circumstances, not constituting a Force Majeure Event, they must notify STS SA of their inability to attend the Course prior to the commencement of the Course, in which case STS will offer to transfer them to another date of the same Course. Costs for venue and material will be charged as may also an administration fee.
- The official “PMI® Authorized PMP® Exam Prep” material is valid for 1 year as of activation. It is individual and cannot be transferred. It is not refundable.
- e-Learning licenses are valid for 12 months. They are individual and cannot be transferred. They are not refundable.