the project management training company

FACT SHEET

PMI® PMP CERTIFICATION PREPARATION BY STS

"I had an excellent training experience. The course material was substantial, with many models and concepts to learn in order to align with PMP semantics and methodology, but the trainer managed to make the session enjoyable and smooth. He challenged us effectively while helping us prioritize our actions for exam success based on our own strengths and weaknesses. I really found exactly what I was looking for. On the top of it, the group was great as well as the location."

STS Sauter Training & Simulation SA
Av. de la Gare 10
1003 Lausanne
Switzerland

part of the hemsleu group

www.sts.ch
office@sts.ch
+41 21 510 11 50

AT A GLANCE

Duration	4 days instructor-led training
Format	Classroom or Live Online
Locations	Zurich, Geneva, Lausanne, Basel, Baden
Language	English, French, German
Contact Hours	35 PMI Contact Hours
Trainer	ATP Certified Trainer
Simulator	1,100+ realistic exam questions
Support	Until you pass your exam
Experience	Swiss training company with 30 years experience
Accreditation	PMI's ATP Premier Training Provider

This course is ideal for:

- Experienced Project Managers and Team Leaders
- Program / Portfolio Managers
- Professionals preparing for PMP

What is included?

- Practical rather than theoretical approach
- Official PMI learning material
- Additional STS hands-on material
- World-class exam simulator
- Trainer coaching
- PMP application support
- Optional: additional digital learning contents

Copyright © STS Sauter Training & Simulation SA, Lausanne, Switzerland

OUR LEARNING APPROACH

The PMI standard for project management has evolved significantly over time, as reflected in the successive editions of the PMBOK® Guide. The **PMP® certification exam** has also evolved to reflect modern project management practices. It now includes fewer questions focused on traditional predictive methodologies and rarely tests rote memorization. Instead, the exam presents situational scenarios that assess a candidate's ability to apply project management principles and sound judgment to real-world challenges. As a result, simply reading or studying the PMBOK® Guide is no longer a sufficient preparation strategy.

At STS SA, we take an **innovative and practical approach to PMP® exam preparation**. While our training fully covers all PMI® project management concepts, we go beyond theory by providing supplementary materials focused on real-world application across various industries and environments. This hands-on emphasis equips our participants with the critical thinking and situational judgment skills needed to confidently tackle the types of questions they will encounter on the exam.

Preparing for the PMP® certification requires commitment and disciplined effort. At STS, our comprehensive preparation course—combined with high-quality materials, powerful tools, and expert instructor support—provides everything you need to succeed. We're here to guide you every step of the way toward achieving your certification goals.

Our trainers are there to accompany you until the day you pass the PMP certification exam!

While the primary language of instruction is English, our trainers are also fluent in French and/or German. Additionally, we now offer our courses in both French and German, making them more accessible to a broader audience.

LEARNING MATERIAL

- **PMI® Authorized Training Material** offering a rich and structured learning experience that supports both exam readiness and practical application. Including:
  - student handbook
  - instructional videos
  - templates & checklists
  - self-assessment tests

Copyright © STS Sauter Training & Simulation SA, Lausanne, Switzerland

- **Complementary resources** designed to ground project management concepts in real-world practice. These materials enhance the learning experience with practical insights and industry-relevant examples.
- **X-AM PMP exam simulator**—an advanced online learning tool designed to help candidates learn, assess, and track their readiness for the official exam. The simulator features questions that closely match the format, difficulty, and environment of the actual PMI® exam, providing a realistic and effective preparation experience.
- As an optional add-on, participants can access a **digital library of specialized project management learning content**. This self-paced resource offers in-depth modules covering all key areas of project management, including Agile and predictive methodologies, soft skills, team leadership, and more. It's an ideal complement for those looking to deepen their knowledge beyond the classroom.

IN-HOUSE COURSES

The PMP® certification preparation course is also available as a company-specific, in-house offering. It can be delivered in the same format as our public course or tailored to meet your organization's specific needs. Courses are available in English, French, or German. For more information or to discuss a customized solution, please don't hesitate to contact us.

We will be delighted to send you a specific offer for in-house courses.

Copyright © STS Sauter Training & Simulation SA, Lausanne, Switzerland

www.sts.ch
office@sts.ch
+41 21 510 11 50

YOUR LEARNING JOURNEY



The core of our certification preparation is a focused **4-day training program**, delivered in two sessions of two days each. For the virtual course, we have split the program into **9 sessions of 4 hours each**. Our instructors bring real-world experience from a variety of disciplines and industries and also serve as active project management consultants. Naturally, they are fully certified PMPs and accredited PMI® Authorized Training Partners (ATP), ensuring both credibility and practical insight throughout the training.

Our **world-class exam simulator, X-AM PMP**, features approximately 1150 practice questions that closely mirror the style and difficulty of those found on the actual exam. Available in six languages, X-AM provides realistic and adaptive testing experience. Regular practice with this powerful tool is a proven path to success, helping candidates build confidence and sharpen their ability to apply project management concepts under exam conditions.

For those who wish to deepen their understanding of project management, we also offer a **comprehensive e-Learning tool as an optional add-on**. Fully aligned with PMI® standards, this resource allows participants to revisit key concepts at their own pace, reinforcing their knowledge and supporting long-term retention.

Copyright © STS Sauter Training & Simulation SA, Lausanne, Switzerland

ELIGIBILITY REQUIREMENTS

Earning your PMP® Certification is a commitment, and that is why it is valuable. Do you have real-world project management experience? Before you apply, make sure you meet one of the following sets of PMP® Certification requirements.

Educational Background	Professional Project Management Experience
Completion of upper-secondary/secondary school (e.g., High School Diploma, GED-type secondary equivalency, Upper-Secondary/School Leaving Certificate) mapped to EQF Level 4 / ISCED 3–4 (or the national framework level for upper-secondary completion).	Minimum 60 months/5 years of non-overlapping experience leading projects in the past 10 years
OR	
Completion of a recognized associate's-level, higher-certificate, or advanced technical/vocational program mapped to EQF Level 5 / ISCED 5 (or national framework level designated as post-secondary, short-cycle tertiary).	Minimum 48 months/4 years of non-overlapping experience leading projects in the past 10 years
OR	
Bachelor's degree (or higher) from a recognized/authorized institution; or an advanced professional/vocational qualification that is formally mapped to EQF Level 6 / ISCED 6 (or the national framework level designated as bachelor-equivalent).*	Minimum 36 months/3 years of nonoverlapping experience leading projects in the past 10 years
OR	
Bachelor's or postgraduate degree awarded by a program accredited by PMI's Global Accreditation Center (GAC). (GAC accreditation is a program quality designation and does not, by itself, change the degree level required for eligibility).	Minimum 24 months/2 years of non-overlapping experience leading projects in the past 10 years

DATES AND REGISTRATION

Courses are offered throughout the year in Zurich, Geneva, Lausanne, Basel, Baden and Live Online.

Scan the QR code or visit our **website** for the latest schedule.

Please register directly via our **online form**.

Copyright © STS Sauter Training & Simulation SA, Lausanne, Switzerland

PACKAGES & PRICES

Choose the package which fits your needs. The fees for the public courses below apply per participant.

Included	Essential	Plus	Premium
Instructor-led PMP® training	✓	✓	✓
Official PMI® course materials	✓	✓	✓
Additional STS learning materials	✓	✓	✓
Support with the PMP® application and certification process	✓	✓	✓
Exam simulator (1100+ questions)	✓	✓	✓
PMI membership (for 12 months)		✓	✓
PMP Exam Fee (valid for 12 months after course registration)		✓	✓
Additional digital content library			✓
In-Class Training	**CHF 2'995**	**CHF 3'400**	**CHF 3'900**
Virtual Training	**CHF 2'695**	**CHF 3'100**	**CHF 3'600**

Copyright © STS Sauter Training & Simulation SA, Lausanne, Switzerland

OPTIONAL ADD-ONS

- 1-year PMI Membership (Not refundable and not extendable)[1] USD 166.-
- Exam Fee (Valid for 12 months after course registration):
  - For PMI-members: USD 405.-
  - For non-members: USD 655-.
- Digital Content Library (12 months access) CHF 815.-

Please note:

- 5% discount for 2 or more registration at one time (different course dates possible)
- We highly encourage you to become members of PMI® and to take advantage of the free access to the PMI® PMBOK® *Project Management Body of Knowledge* together with the Agile Practice Guide, both of which are valuable support books for the exam preparation.
- Read our General Terms and Conditions **here**.

QUESTIONS?

Feel free to book a quick, non-binding call with one of our experts.

We are happy to support you on this matter.

Book a call here

[1] The voucher can be used to prolong the membership if a candidate is already member – as long as it is used within 12 months.

Copyright © STS Sauter Training & Simulation SA, Lausanne, Switzerland